



**A Apex
Scotland**
A Future Beyond Your Past

**WE CAN
HELP YOU**

Our Strides service can help you
find opportunities for success.

Our Strides Service can guide you through the process of setting out your goals, supporting you step-by-step to help you find opportunities so that you can succeed.

What Strides provides



Getting Started

Helping you plan and achieve



Confidence Building

Discovering your strengths



Conviction Disclosure

What to say and how to say it



Training and Qualifications

CSCS, PAT Testing, Employability, Basic IT



Support to Find Work

Finding the vacancy with your name on it

To find out more

Email:

strides.edinburgh@apexscotland.org.uk

Call:

0131 220 0130

Visit:

www.apexscotland.org.uk

