



# IPS



## Individual Placement and Support (IPS):

The SAMH Edinburgh IPS service is for people aged 16–24, living in Edinburgh, who are looking to progress towards and into work. If you have mental health challenges that are presenting as a barrier, SAMH can support you. We will work with you to help you find and keep a job. Our focus is you – we will help you find a job that is suited to your needs, interests and aspirations.

### Criteria:

- Age 16 to 24
- Live within Edinburgh
- Experiencing Mental Health challenges, either diagnosed or awaiting diagnosis
- Receiving Mental Health support

### Who can refer?

Any health practitioner, including: CMHT, Mental Health Worker, CAMHS, Support Worker, Social Worker, GP (Contact for more information)

### Contact:

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07759536997

rosie.witham@samh.org.uk  
07967015453

### Benefits:

- Your own dedicated IPS Specialist who will help you identify strengths
- 1-to-1 continuous support
- Help to create or update your CV
- Carry out job searches
- Complete applications
- Interview preparation
- Contact employers on your behalf
- Support to receive benefits advice
- In-work support

