

Parental Journey

Positively Impacting Parents & Children

Parenting With Heart and Head

Parent Network Scotland offers a unique capacity building model enhancing family resilience providing opportunities for learning in local communities. We do this by offering a toolkit that provides positive parenting practise that helps families grow and blossom. As parents ourselves we believe that this model will support parents to build Connections with Peers, closer relationships, learning new skills, discovering strengths, gaining new qualifications and improving communities.

Parent Network Scotland is an organisation run by parents for parents offering safe group spaces to relax, learn, share and practice new tools promoting calm for you and your family.

Engagement



- Self Referral
- Partnership Referral
- Family Hubs
- BookBug
- Social Media
- Web
- Open Days
- Information Sessions

Curriculum



- Family Wellbeing Toolkit
- Parenting Matters
- SPACE
- Personal Social Development
- Development Award
- Parent Group Leaders

Outcome



- Building Connections
- Friendships
- Accreditation
- Volunteering
- Book Bug leader
- College
- University
- Employment

To promote inclusion, we are able to adapt our courses for neurodivergent families sharing information about sensory processing and positive communication strategies along with a variety of tools to support families experiencing challenging behaviours.

