

Leith

Conversation

Cafés



**Join In!
Speak Out!
Be Inspired!**

We host two conversation groups every week.

Our conversations are a chance for people who have moved here from overseas to:

- meet people you might not usually meet
- expand your language skills
- share stories, experiences & ideas
- develop new insights
- build friendships
- gain confidence
- learn about your local area
- and feel more at home in Leith.

The conversations are gently guided so that everyone has a chance to speak and be heard, however shy or confident they feel and no matter how many words of English they know.

Here are some of the comments our guests have left:

I enjoy meeting new people and discussing different topics.
It brings new points of view and opens my mind.

It is good for interpersonal relations. Helping me to cope with anxiety.

The project is very helpful to make friends and learn from others.

Friendly and welcoming atmosphere, lovely volunteers, people with a lot of knowledge and happy to help/suggest on other things.

Commonly Asked Questions

Q: How much does it cost?

A: The conversations are free but you must pay for your own drinks.

Q: Can anyone come?

A: Yes. The project is aimed at people from other countries who live in Leith but all are very welcome to join us.

Q: What level of English is necessary?

A: We welcome people with any level of English.
We try to make everyone feel included and listened to, no matter how many words they can say or understand.

Q: Do I need to book?

A: No. Just come along at the start.

Q: Who hosts the conversations?

A: The conversations are hosted by members of our team of volunteers who all have personal experience of moving to a new country. They are supported by a community development worker who is employed by a non-profit organisation called **Feniks**.

Q: What kind of topics do you discuss?

A: Previous topics include:

"Is technology isolating us?",

"Are role models important?",

"How do you make friends in a new place?" and

"What are important values of your culture?"

The topics are advertised in advance via **Meetup**.

If you have any ideas for future discussions, please tell us!

 **Mondays: Café at Edinburgh Central Youth Hostel**
9 Haddington Pl, EH7 4AL

 **Wednesdays: McDonald Road Library**
2-8 McDonald Rd, EH7 4LU

 **5.30pm to 7.00pm**

Buses: 7, 10, 11, 12, 14, 16, 25, 49
& Tram

Days, times and locations are subject to change.
Please check our website for the most up-to-date details.

 [/LeithConversationCafes](https://www.facebook.com/LeithConversationCafes)  [meetup.com/leith-conversation-cafes/](https://www.meetup.com/leith-conversation-cafes/)

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Edinburgh Health and
Social Care Partnership



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www.feniks.org.uk