

## Oor Mad History

We're a community history and arts as advocacy project based at CAPS. Set up in 2008, our aim is to reclaim and promote the history of activism and collective advocacy by people with mental health issues.

### Find out about our

- **Archive**
- **Oral History**
- **Book and CD**
- **Mad People's History and Identity course**
- **Community Workshops**

### Group meetings

We will be running regular sessions for people with lived experience of mental health issues to get involved.

Get in touch with Kirsten at [kirsten@capsadvocacy.org](mailto:kirsten@capsadvocacy.org) for more information

### GET IN TOUCH

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[www.facebook.com/OorMadHistory](https://www.facebook.com/OorMadHistory)

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Advocacy**  
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Funded by NHS Lothian

**CAPS**  
independent  
advocacy

CAPS Independent Advocacy is a Scottish Charitable Incorporated Organisation.  
Scottish Charity number: SC021772

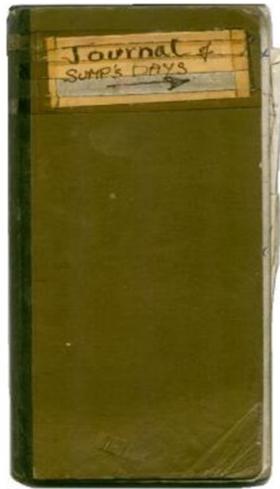
# Oor Mad History



A community history project reclaiming and celebrating the history of service user activism and collective advocacy in the Lothians

# Oor Mad History: a history of the Lothian Mental Health Service Users Movement

## Archive



We've created an archive of material from different user groups by gathering material from various people. It includes posters, leaflets, reports, notes and other written materials as well as t-shirts, badges and postcards.

## Oral History

We trained volunteers to carry out over 70 oral history interviews with people who had been active in the user movement and allies. We recorded all the interviews and transcribed them.

Some of the archive and all of the recordings have been lodged with the Lothian Health Services Archive for safe keeping.

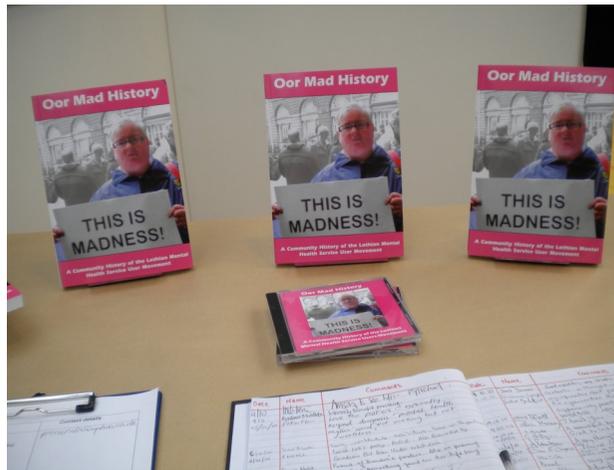
Contact us if you are interested in accessing the archive.

## Book

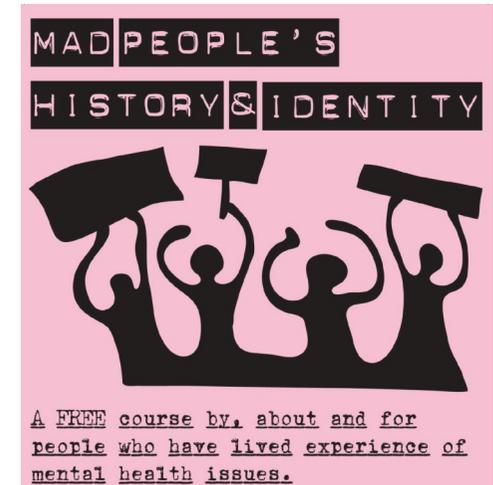
We created a book using quotes from the interviews and items from the archive, called "Oor Mad History – A Community History of the Lothian Mental Health Service User Movement".

We also made a companion CD of selected clips from the oral history recordings.

Contact us to get a pdf of the book.



## Mad People's History and Identity



In partnership with Queen Margaret University and NHS Lothian Mental Health and Wellbeing Team, we have developed a course called **Mad People's History and Identity**.

This is a free course by, about and for people who have lived experience of mental health issues. It runs once a year. To find out more about the course, get in touch with us.